Hook - Getting to know one another

* *How is everyone doing this week? Add other questions to get to know one another, especially ones related to the topic in the sermon.*
* What has been sticking with you so far in our series on Ephesians?
* Spend some time in prayer calling out things that remind us of the potency of God's goodness.
* Listen to the Arcadian Wilds song Dopamine. Talk about how easy our vices catch us and what we can do to fight them. <https://youtu.be/s4SKvWsfSDg?si=FOECpQfvTw-Yay6a>

Book - Scripture

* *Read the scripture passages and discuss to understand* ***what the text is saying****:*
* **Read Ephesians 5:1-20**
* Locate some other Wake up moments in scripture. Ex. Paul, Moses, Nathaniel. Once these people woke up how did their lives show “rising up” and “letting light shine on them?”

Look - Connections to our world today

* *This section focuses on implications about* ***what this text means*** *about what’s wrong in the world, about trusting God, about who God is, etc.*
* Jeff mentioned our phones, Netflix, etc. what other distractions pull Christians away from our mission? Ex. Media, sports, politics
* What would it look like for a whole church to rise up? What light needs to be shined on our congregation or on Christianity?

Took - Personal Application

* *This application focuses on* ***how God is calling us to respond****. This could be personally, as a family, small group, or church. It could be something to believe, to meditate on, to say or do this week.*
* What do you need to wake up from? Once up, what action do you need to take to push into the goodness God is calling you to.
* What would it look like in your own life to bring light to dark places? Do you have community or others to share this with?
* Read Psalm 46. Remember that God is for you. Even when doing the hard good things.

Time of Prayer